

CRAWLEY SC - Summer Training Schedule 2017

| DATE | AM TRAINING | PM TRAINING |
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| MONDAY 24th July 2017 | Normal Training | Normal Training (Performance 6pm - 8.00pm) (CDS-BCD Diving Pool Training 6pm - 6.45pm) |
| TUESDAY 25th July 2017 | Normal Training | Normal Training (Performance 6pm - 8.00pm) |
| WEDNESDAY 26th July 2017 | Normal Training | Normal Training (CDS & CDG 6pm - 9.00pm) (Water Polo 9.00pm - 10.00pm) Cottesmore Normal Training |
| THURSDAY 27th July 2017 | MASTERS 6am - 7am ONLY | Normal Training (Performance 6pm - 7.45pm) - COTTESMORE NORMAL TRAINING - Technique 7.45pm - 8.45 (Normal invited Only) |
| FRIDAY 28th July 2017 | Normal Training | NORMAL CLUB NIGHT (including Improvers) |
| SUNDAY 30th July 2017 | NO TRAINING | NO TRAINING |
| MONDAY 31st July 2017 | Normal Training | Normal Training (Performance 6pm - 8.00pm) (CDS-BCD Diving Pool Training 6pm - 6.45pm) |
| TUESDAY 1st August 2017 | MASTERS ONLY 6am - 7am | Normal Training (Performance 6pm - 8.00pm) |
| WEDNESDAY 2nd August 2017 | Normal Training | Normal Training (CDS & CDG 6pm - 9.00pm) (Water Polo 9.00pm - 10.00pm) NO COTTESMORE TRAINING |
| THURSDAY 3rd August 2017 | MASTERS 6am - 7am ONLY | Normal Training (Performance 6pm - 7.45pm) NO COTTESMORE TRAINING - Technique 7.45pm - 8.45 (Normal invited Only) |
| FRIDAY 4th August 2017 | Normal Training | NORMAL CLUB NIGHT (including Improvers) |
| SUNDAY 6th August 2017 | NO TRAINING | NO TRAINING |
| MONDAY 7th August 2017 | Normal Training | Normal Training (Performance 6pm - 8.00pm) (CDS-BCD Diving Pool Training 6pm - 6.45pm) |
| TUESDAY 8th August 2017 | MASTERS ONLY 6am - 7am | Normal Training (Performance 6pm - 8.00pm) |
| WEDNESDAY 9th August 2017 | Normal Training | Normal Training (CDS & CDG 6pm - 9.00pm) (Water Polo 9.00pm - 10.00pm)- NO Cottesmore Training |
| THURSDAY 10th August 2017 | MASTERS 6am - 7am ONLY | Normal Training (Performance 6pm - 7.45pm) - Technique 7.45pm - 8.45 (Normal invited Only) - NO COTTESMORE TRAINING |
| FRIDAY 11th August 2017 | MASTERS 6am - 7am ONLY | NORMAL CLUB NIGHT (including Improvers) |
| SUNDAY 13th August 2017 | NO TRAINING | NO TRAINING |
| MONDAY 14th August 2017 | NO TRAINING | (CDS-BCD Diving Pool Training 6pm - 6.45pm) |
| TUESDAY 15th August 2017 | MASTERS ONLY 6am - 7am | NO TRAINING |
| WEDNESDAY 16th August 2017 | NO TRAINING | (Water Polo ONLY 9.00pm - 10.00pm)- NO Cottesmore Training |
| THURSDAY 17th August 2017 | MASTERS 6am - 7am ONLY | NO TRAINING - NO COTTESMORE TRAINING |
| FRIDAY 18th August 2017 | MASTERS 6am - 7am ONLY | 7pm - 8pm (CDB - CDS) - 8pm - 9pm (Performance & CD Gold) - NO Water Polo |
| SUNDAY 20th August 2017 | NO TRAINING | NO TRAINING |

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| MONDAY 21st August 2017 | NO TRAINING | (CDS-BCD Diving Pool Training 6pm - 6.45pm) |
| TUESDAY 22nd August 2017 | MASTERS ONLY 6am - 7am | NO TRAINING |
| WEDNESDAY 23rd August 2017 | NO TRAINING | (Water Polo ONLY 9.00pm - 10.00pm)- NO Cottesmore Training |
| THURSDAY 24th August 2017 | MASTERS 6am - 7am ONLY | NO TRAINING - NO COTTESMORE TRAINING |
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| FRIDAY 25th August 2017 | MASTERS 6am - 7am ONLY | 7pm - 8pm (CDB - CDS) - 8pm - 9pm (Performance & CD Gold) - NO Water Polo |
| SUNDAY 27th August 2017 | NO TRAINING | NO TRAINING |
| MONDAY 28th August 2017 | NO TRAINING | NO TRAINING |
| TUESDAY 29th August 2017 | NORMAL TRAINING | NORMAL TRAINING |